

# Xtreme Competition Team Policy



*Come be a part of our award winning Competition Team! Auburn Dance Academy is now holding auditions for our 14th season! This is your chance to be a part of our Xtreme competition team! Winning national choreography awards, placing in the national finals, and being invited to compete in the World Championships are just a few of our accomplishments this past season. Come audition for a chance to be a part of this nationally recognized team and get ready to have some fun!*

## **Xtreme Auditions**

- Check our Events Calendar at [www.auburndanceacademy.com](http://www.auburndanceacademy.com) for updated dates and times.

## **Guest Teacher Classes**

- ADA gives the Xtreme Students the opportunity to take classes from a variety of different instructors throughout the year. (participation is required)
- Guest teacher classes are offered in August.
- It is required for all Xtreme dancers that are level 3 – 7 to participate.

## **Choreography Camp**

- Choreography camp is annually scheduled for late August, early Sept. of each year.
- All Xtreme Team Members are required to participate in this camp.
- Failure to attend may result in exclusion from the piece that was missed.
- Xtreme dancers will learn a large portion of the competition routines at this camp.

## **Annual Saturday Rehearsals**

- During the month of January ADA holds required Saturday Xtreme rehearsals.
- Missing these rehearsals will not be permitted and may result in being removed from the first competition.
- For planning purposes, we will provide a schedule of rehearsal times and dates in advance.
- Absences on Saturday rehearsals will not be permitted.

## **Emergency Rehearsals**

- If there is a need for an emergency rehearsal it will be called with parent approval.

## **Weekly classes September through August**

- Students maintain and improve skills by having good attendance in their weekly classes.
- It is required to attend weekly classes and perform in the December and June Production for Xtreme dancers.
- Students are required to make up all missed classes in an equal or lower level class.

### **Class Cards**

- Each student will have four different color coded cards. Blue for weekly classes, yellow for Xtreme rehearsals, green for Saturday conditioning classes (if applicable) and red for make-up classes.
- Students must have these cards signed by their teachers in order to receive credit for taking class. At the end of the month, the amount of classes that each student needs to make up, are entered onto a spreadsheet. An email is then sent out to all of the Xtreme parents indicating how many classes students need to make up. Students have until the end of the following month to make up these classes. Failure to do so will result in suspension from the team until they have made up the missed classes.
- In order to receive credit for classes being made up, students must have their “red make up” class card signed by the instructor.
- Those students who are taking more than their required classes may use those classes to count towards any make up classes. They must have their class make up card signed in order for it to count towards a makeup class. However, students may not bank hours.
- Students may also “pre make up” classes if they know that they are going to be absent in advance.

### **Mandatory Weekly Xtreme Rehearsals**

- Xtreme Students will learn, clean, and rehearse their competition routines in these rehearsals.
- A dancer has a total of six excused Xtreme rehearsal absences per routine.
- A dancer will be expelled from the team if they miss more than 6 rehearsals.
- Good attendance ensures that choreography does not have to be re-taught.
- All Xtreme dancers must be present to rehearse the week before a competition. Absent dancers will not compete.

### **Conditioning Class**

- Auburn Dance Academy will be teaching technique/conditioning/rhythmic gymnastic classes every Saturday.
- All Xtreme students in level 3-7 are required to attend 6 out of the 10 tech classes offered from September through December.
- You will also be required to attend 6 conditioning classes from February through May.
- You will be allowed to choose which Saturdays best fit into your schedule.
- Students who do not complete the required six conditioning classes will be suspended from the Thursday team rehearsals for two weeks.



## Class Requirements

Level 1 & 2	Level 3	Level 4	Level 5	Level 6-7	Teen Level	Hip Hop	Tap
Ballet/Tap Combo Class	Ballet Class	Ballet Class	Ballet Class	Ballet Class	Ballet Class	2 Hip Hop Classes	Ballet Class
Jazz Class	Jazz Class	Jazz Class	Jazz Class	Jazz Class	Jazz Class	Saturday Tech Class	Tap Class
	Tap Class	Tap Class	Lyrical Class	Lyrical Class	Lyrical Class		Saturday Tech Class
	Saturday Tech Class	Lyrical Class	Jazz Tech Class	Jazz Tech Class	Jazz Tech Class		
		Saturday Tech Class	Optional Class	Optional Class	Saturday Tech Class		
			Saturday Tech Class	Saturday Tech Class			

**In order for current Xtreme members to audition for the Xtreme team the following year they must complete summer class requirements as stated below. In addition they must have also competed in the nationals that year.**

### Summer Class Requirements (For current Xtreme team members) Four hours of the following classes are required.

Level 1 & 2	Level 3	Level 4	Level 5	Level 6-7	Teen Level	Hip Hop	Tap
Ballet/Tap Combo Class	Ballet Class	Ballet Class	Ballet Class	Ballet Class	Ballet Class	6 Hip Hop classes	Ballet Class
Jazz Class	Jazz Class	Jazz Class	Jazz Class	Jazz Class	Jazz Class	Conditioning Class	Tap Class
	Tap Class	Tap Class	Lyrical Class	Lyrical Class	Lyrical Class		Conditioning Class
	Lyrical Class	Lyrical Class	Jazz Tech Class	Jazz Tech Class	Jazz Tech Class		
	Conditioning Class	Conditioning Class	Optional Class	Optional Class	Optional Class		
			Conditioning Class	Conditioning Class	Conditioning Class		

### Competitive Solos, Duos, and Trios

- Please show your interest in a solo, duo, or trio on your Xtreme request form.
- Levels 5, 6, 7 and Teen Level soloists and or duo/trio partners that will be competing in Jazz, Lyrical, Musical Theater, Character, Tap, or Open are required to take Ballet Tech class in addition to their Xtreme class requirements.

### Private Lesson Fees for Solos/Duos and Trios

- Solos- at choreographers/ teachers discretion. (approximately \$40-\$65 per hour)
- Duos- at choreographers/ teachers discretion in relation to the teacher solo cost.
- Trios- at choreographers/ teachers discretion in relation to the teacher solo cost.
- Private lessons are scheduled with your choreographer directly.
- Private lessons must be paid in advance before scheduling in the studio time log book.
- Please see the Private Lessons portion of the ADA Handbook for additional policy information.

### Competitions / Conventions

- One mock competition.
- Three local competitions.
- One required convention for Levels 3 and up.
- One National competition.

### Mock Competition

- Early in the season we hold a Mock Competition in which our own team competes against each other.
- This competition will be held at a Performing Arts Center.
- Judges are hired to come in and critique the routines.



### Competitions

- The new competition schedule will be released by late September or before.
- In addition to the required competitions, we will offer a schedule of additional competitions and conventions for those dancers who would like to participate.
- Please sign up at the Information Center counter to attend extra competitions.
- All competition fees are charged by the Competition Company, not ADA

### On Competition Day

- Dancers must be at the competition, dressed and ready to go on stage two hours before their scheduled time.
- Routines will not be held for late arrivals and competition fees will not be refunded.
- All dancers must be backstage (dressed and made up) 15 routines before their scheduled routine.
- The approximate performance time for your routine will not be known until the Tuesday before the competition.
- Xtreme Team Members are **required** to wear their ADA warm-ups for the awards and in the theater.
- If a dancer is not wearing their warm up for awards, their account will be charged a \$25 non compliance fee. You will not be warned that this fee was charged to your account.
- Parents please make sure that your dancer is in their coat at all times to avoid this fee.
- Do not take your cell phone on stage with you. Texting during the awards ceremony is viewed as being disrespectful to the competition directors.

## **Trophies and Awards**

- Awards given to groups will become the property of Auburn Dance Academy.
- Solo/Duo/Trio trophies are kept by the dancers.
- Trophies are on sale at all the competitions so each dancer may purchase one if they wish.
- The dancer who takes the trophy home from the competition should neatly attach a label with the routine name on it before bringing it back to the studio for display.
- Prize money is subject to a 20% government tax. The remainder will then be divided between the winners.

## **Costumes**

- **Competition Costumes**
  - You will have one competition costume for each routine choreographed.
  - Competition costumes will be distributed in January.
  - Parents are expected to embellish costumes with rhinestones which will be provided.
- **Finale Costume**
  - Dancers are expected to provide an inexpensive costume for their part in the finale for the Holiday and June Production.
- **Xtreme Warm-up Suit**
  - Xtreme members will be required to purchase a warm up suit.
  - Once the order is complete, a notice will be sent out informing you that you can pick up your warm up suit.
- **Rehearsal Uniforms**
  - Each dancer is required to purchase an Xtreme rehearsal uniform to be worn at all Xtreme rehearsals.
  - We feel that it is best to have a couple of uniforms on hand so that you do not have to wash them every night.
  - All dancers who do not come to rehearsal in the correct uniform will have a \$5 charge on their account.
  - Dancers who are not wearing the correct shoes will have a \$5 charge to their account.

## **Performances**

- We have taken the kids to perform at different malls, charity events, the YMCA, Key Arena, Seattle Winterfest, the Puyallup fair, parades, and sporting events.
- The more performance opportunities the kids are exposed to, the better they will do on stage in a competition setting.
- Sign up at the Information Center to participate.

## **School Sports and Commitments**

- **Activity Request**
  - In order to participate in an after school sport or activity, you must request approval through Jennifer.
  - .Fill out a request form and turn it into the front counter.
  - The leader of your other activity must complete their portion of the request form.
- **Graded School Commitments**
  - Please submit a letter from your school teacher explaining your project and activity if you have a graded school commitment.

## **Xtreme Supply Checklist**

- **Make-up**
  - Foundation
  - Translucent powder
  - Bronzer Please buy these brands Physicians Formula / Mary Kay
  - Mary Kay eye shadow. Colors: Storm, Crystalline and Granite.
  - Black Waterproof Mascara
  - Pink blush
  - Max Factor Lipfinity #196. You can only find this at Walmart
  - Black eyeliner
  - Long black false eyelashes. Nothing with Rhinestones please.
  - Clear eyelash glue.
- **Hair**
  - Aqua Net Extra super hold
  - Hair brush & fine tooth comb
  - Ice Hair Glue
  - Straightening Iron
  - Large Bobby pins / Please make sure that they match your hair color.
  - Small Bobby pins / Please make sure that they match your hair color.
  - Snap clips / Please make sure that they match your hair color.
- **Miscellaneous**
  - 100 safety pins
  - Clear finger nail polish
  - Your own rosin
  - Band Aids
  - Tissues
  - Tylenol
  - Deodorant
  - Healthy snack
  - Water bottle

## **Average cost (Per dancer/per routine/ per competition)**

Solos \$70-\$95

Duo/Trio \$70-\$85

Group \$30-\$38



## Payment schedule and average cost

- Choreography camp  
\$30 per dancer/per routine  
Due September 1st
- Xtreme Costumes  
\$100-\$150 per dancer/per routine  
There will be a \$60 deposit for Xtreme costumes  
Due September 1st
- Xtreme music  
\$5.00 per account- Music will be posted online and downloadable.  
Due September 1st
- First Competition Fee  
See below per dancer/per routine  
Due October 1st
- Second Competition Fee  
See below per dancer/per routine  
Due November 1st
- Convention Fee  
Due December 1st
- Xtreme warm up suit  
\$75 per dancer  
Due in November upon pick up
- Mock Competition Fee  
\$15.00 per dancer/per routine  
Due January 1st
- Annual January Saturday Rehearsals  
\$15 per dancer/per routine  
Due January 1st
- Third Competition Fee  
See below per dancer/per routine  
Due March 1st
- Fourth Competition Fee  
See below per dancer/per routine  
Due April 1st
- Nationals Travel Fee  
\$75 per dancer (maximum \$150 per account)  
Due May 1<sup>st</sup>
- Nationals Rehearsal fee  
\$15 per dancer/per routine
- Xtreme Rehearsal Fees  
\$15.00 per dancer/per routine per month  
Due Monthly on the 1<sup>st</sup>



